

well & you

a better way to care

SPRINT Treatment The Info Sheet



Scan the QR Code for
a video explaining
your SPRINT
Treatment Journey



SPRINT® PNS: What You Need to Know

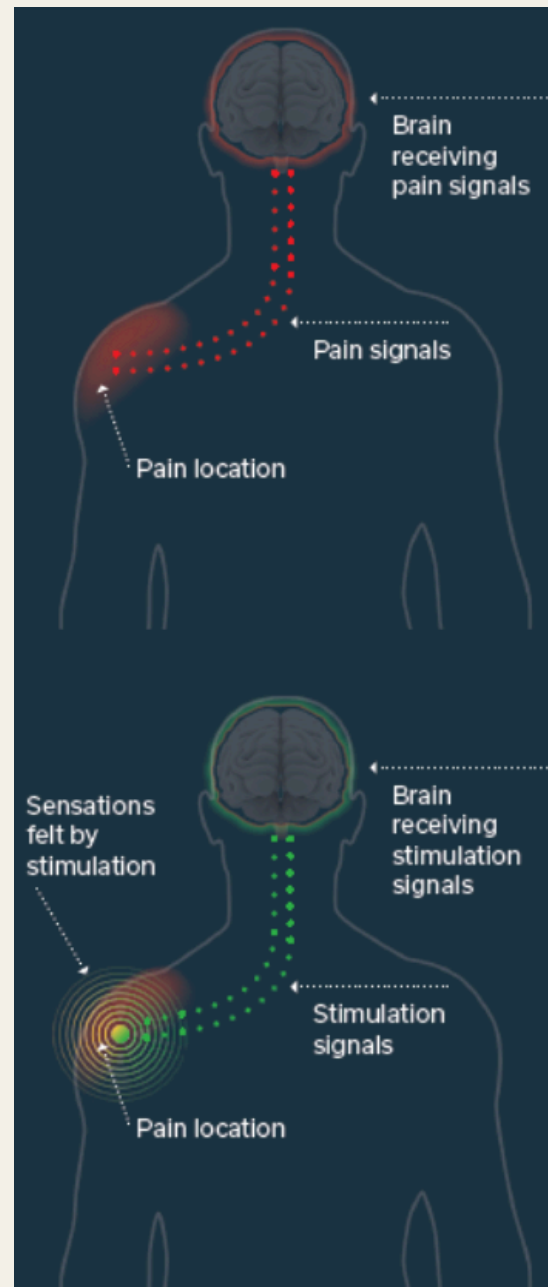
What Is SPRINT PNS?

- A 60-day, drug-free, incision-free nerve-stimulation.
- A hair-thin MicroLead sits next to your target nerve and connects to a small, wearable Pulse Generator.
- No permanent implant—we remove the lead in the office after 60 days.
- Over 70% of patients report $\geq 50\%$ pain relief lasting up to a year or more.



Who's a Good Candidate?

- Chronic or post-surgical nerve pain unrelieved by meds/PT
- Clear nerve target (confirmed by exam or diagnostic nerve block)
- Able to care for the system (charging daily, weekly bandage changes)
- No active skin infection, allergy to adhesives, or need for an MRI during treatment



Your 60-Day SPRINT Journey

Consult & Consent

- We review your pain history, prior treatments, and exam findings.
- You sign consent; SPRINT's team handles insurance authorizations.

Day of Procedure

- You will have a minor outpatient procedure to place the MicroLead.
- To begin, the skin around the area where the MicroLead will be placed will be cleaned and a local anesthetic will be used.
- Your physician will talk with you while positioning the MicroLead near the targeted nerve using a needle. Your feedback helps locate the ideal lead location, specific to your situation.
- After the placement of the MicroLead, a bandage is placed over the insertion site. The MicroLead will be connected to the Pulse Generator. The Pulse Generator is placed on your body using a small, sticky gel patch called a Mounting Pad.
- Following the procedure, you will be shown how to operate your device using the Hand-Held Remote. You will also receive information on managing and caring for your system.
- A SPRINT PNS representative or your clinician will be on site with you after the procedure to answer questions and assist you in the downloading of the SPRINT PNS Patient App.



Back



Shoulder



Knee



Head/Neck

Your 60-Day SPRINT Journey cont.

60-Day Treatment Phase

- Daily:
 - Recharge your Pulse Generator (takes minutes).
 - Replace the mounting pad if needed.
- Weekly:
 - Change the small bandage over the lead-entry site (a friend can help).
- Activity Guidelines:
 - Resume normal life—just avoid bathing or submerging the site.
 - Limit large, repetitive motions around the lead for the first week.
 - Driving: Turn stimulation OFF while driving; resume afterwards

Lead Removal

- At 60 days, return to the office for a quick, no-surgery removal.
- You walk out with no implant left behind.

Follow-Up Care

- 2 Weeks Post-Procedure: Check the site, review your early response, answer questions.
- 3 Months Post-Procedure: Assess lasting relief; tweak home settings if needed.
- Annual Check-Ins: Confirm sustained benefit and address any concerns.

How SPRINT PNS Works

1. MicroLead sends tiny pulses to your nerve.
2. Pulses interrupt pain signals and boost healthy sensations.
3. Over 60 days, your brain “re-learns” to respond less to pain.

Benefits at a Glance

- No permanent implant or surgery
- Drug-free, outpatient convenience
- Quick 20–30 min procedure with real-time feedback
- Patient-controlled comfort via remote
- Clinically proven: 70%+ report lasting relief

Least to Most Invasive



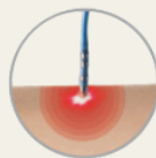
Medications



Injections



SPRINT PNS System



Ablation



Permanent Implant



Surgery

SPRINT: What to Expect & FAQs

Will it hurt?

You'll get numbing cream (and mild sedation). You may feel pressure but little pain.

Prep needed?

Stop blood thinners as directed. Fast after midnight and arrange a ride home.

Procedure time?

~ 20–30 minutes to place the lead & Pulse Generator.

When will I feel relief?

Some feel it within hours; most see clear improvement over days to weeks.

Side effects?

Minor skin irritation or soreness; rare infection or lead shift.

Activity limits?

Avoid baths/pools; limit heavy lifting for 1 week; resume most activities thereafter.

MRI safety?

No MRIs over the treatment area until leads are removed.

What if it doesn't work?

If you don't get $\geq 50\%$ relief by day 60, we discuss next steps and alternative options.

Insurance & Support

SPRcare® Patient Access Program helps with authorizations and coverage questions. Contact SPRINT support at (844) 378-9108 or visit SPRPainRelief.com for resources, FAQs, and patient stories.



"SPRINT PNS has been life-changing and has very possibly saved my life. **I went from hopeless to living again thanks to this treatment.**"

– Tammy, back pain patient



Understanding Pain and Sedation

Understanding Pain and Sedation During Your Procedure

Everyone experiences pain and sedation differently, and your comfort level during the procedure can depend on several factors, including your body's response to anesthesia. For example, individuals who regularly consume alcohol or those living with chronic pain may require adjustments to achieve the right level of sedation.

Our goal is to ensure you are as comfortable as possible while keeping your safety our top priority. While we aim to provide effective pain relief, it's important to recognize that over-sedation carries certain risks, which our medical team carefully monitors and manages.

